

Developing Effective Dental Teams Through Emotional Intelligence

6.5 hours CPD
with certificate

The key to a thriving dental practice is not just great protocols and systems but **the right team that can use emotions intelligently to effectively communicate** with each other in implementing these systems. When there is team synergy, all stakeholders win – the business, the team and the patients.

Emotional Intelligence (EQ or EI) is the ability to identify, understand, use and manage emotions in positive ways to enable effective communication with others. EQLevels' focus and passion is in the **EQ Team Synergy Workshop**, designed to provide the tools that strengthen the use of Emotional Intelligence in dental teams.

While a dental teams' collective IQ, subject matter expertise and skills are usually seen as the driving factor of success, their ability to communicate, provide feedback, **stay motivated** and on task, collaborate, problem solve and manage stress is also critically important.

A high level of group emotional intelligence enhances **a teams' ability to interact effectively** with each other, be attuned to and respond appropriately to individual and group needs.



60%

Nearly 60% reported that post pandemic, incorporating EQ into work culture is more important now than ever.

m13.co/article/founder-survey-eq-matters-more-than-iq



72%

of employees say that their top factor for job satisfaction is "respectful treatment of all employees at all levels".

hbs.edu/blog/post/emotional-intelligence-in-leadership



Copyright © 2011 Multi-Health Systems Inc. All rights reserved.
Based on the original BarOn EQ-i authored by Reuven Bar-On, copyright 1997.

How Does Emotional Intelligence In Teams Affect An Organisation's Functioning and Profitability?

Having teams with low emotional intelligence is costly for business.

Satisfaction

- Lower EQ groups might find it challenging to adapt to changes in the workplace, leading to lower job satisfaction when faced with unfamiliar situations or evolving work environments.
- Difficulty in managing emotions can result in an increased group stress levels at work, leading to decreased job satisfaction and overall dissatisfaction with the work environment.

Performance

- Lower EQ teams may struggle with effective communication, impacting their ability to convey ideas, understand others, and collaborate effectively with co-workers.
- Poor group emotional awareness and regulation can lead to impulsive decision-making when making choices, affecting the quality of decisions made at work.

Retention

- A lower EQ may result in difficulties in managing workplace conflicts or dealing with stress, leading to higher turnover rates struggling to cope with job-related challenges.
- This may add to higher levels of team burnout, reduced job satisfaction and increased likelihood of leaving a job.



A Dental Team Program Built With You in Mind

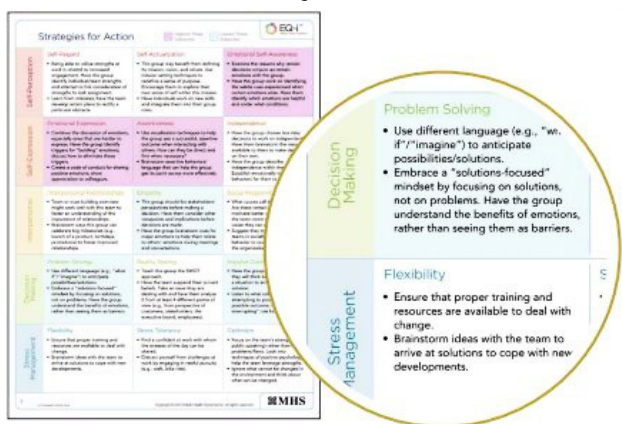


EQ Team Synergy Objectives:

The **EQ Team Synergy Workshop** is an interactive experience which includes training, individual work, and small and large group activities. The workshop will cover these learning objectives:

- What is emotional intelligence and how to read the EQ-i 2.0 Team Report
- The impact of emotional intelligence in areas of self perception, self expression, relationships, decision making and stress management
- Understand emotional Intelligence and the positive impact on team dynamics
- How to apply emotional intelligence to dental job roles and responsibilities
- Understand how emotional intelligence impacts team optimism and well-being
- Leave with an action plan to leverage team strengths and areas for growth

OVERVIEW OF GROUP EQ



What is the value of the EQ-i 2.0 Group Report?

- The EQ-i 2.0 Group Report combines the scores of individual results in a manner that enables interpretation at a group or team level.
- Whether a group works with great collaboration and cohesion, or finds itself with conflicting opinions and strategies that can affect group balance, this report provides deeper insights into a group's strengths as and areas where the group can be more effective.
- Implications at an organizational level can be examined and strategies for action can further develop the group's potential.

Program Benefits:



- ✓ Based on scientifically validated workplace research
- ✓ Dental industry focused
- ✓ A road map for greater motivation, job satisfaction and performance
- ✓ Enrich relationships with colleagues and patients
- ✓ Leave with a team workplace action plan

What is Included?



- ✓ **Pre-workshop** Online success and challenges questionnaire
- ✓ **Pre-requisite** Online EQ-i 2.0 workplace self- assessment
- ✓ EQ-i 2.0 group report
- ✓ **Full-day Intensive workshop - 6.5 hours CPD with certificate**
- ✓ **Post-workshop** Access to customised *EQLevels* action plan platform

EQ Team Synergy Details

Who should participate:

- Leaders and all team members that have completed an EQ-i 2.0 Leadership or EQ-1 2.0 Workplace assessment
- Includes morning tea, lunch, afternoon tea

LIMITED

TO 60 PARTICIPANTS

**Click here for
dates & locations**

Contact Us:



events@eqlevels.com.au



[Ronan Lutman](#)



www.eqlevels.com.au



0411 353 400

1300 992 918



EQ-i^{2.0}
CERTIFIED



EQLEVELS
TRANSFORMING THOUGHT, SPEECH & ACTION

